



"BEYOND THE CLASSROOM" ENGLISH SELF-STUDY GUIDE

School

City

Teacher's name

Student's name

Grade

6th

Level

A1

ORIENTACIONES PARA LOS PADRES DE FAMILIA

Esta guía de aprendizaje de inglés para el trabajo en casa se preparó con el fin de ayudar a su hijo o hija a identificar los verbos y adverbios de frecuencia más comunes utilizados para describir la rutina diaria. Su hijo (a) deberá dedicar una hora para desarrollar toda la guía. El trabajo aquí descrito se relaciona con la página 22 (Ejercicio 7 del libro del estudiante: Student's book) Way to Go 6, el cual está disponible en la plataforma Colombia Aprende. Se adjunta la página del libro al final de esta guía para quienes no cuentan con acceso a internet.

- La **Actividad 1**: es un ejercicio de práctica del vocabulario inglés relacionado con las actividades diarias donde su hijo (a) debe relacionar las imágenes con las palabras.
- La **Actividad 2**: es un ejercicio de gramática donde su hijo (a) debe mirar las imágenes y escoger la mejor opción entre las brindadas para la práctica del tiempo presente simple.
- La **Actividad 3**: consta de dos ejercicios: el primero, invita a leer un texto sobre la rutina y a identificar los verbos y adverbios de frecuencia; el segundo, sugiere responder unas preguntas de opción múltiple para verificar la comprensión del texto.
- La **Actividad 4**: con base en la lectura de la actividad anterior, su hijo (a) debe escribir oraciones propias de forma sencilla en inglés referentes a su rutina diaria.
- Por último, la **Actividad 5** es para que su hijo(a) pueda autoevaluar lo aprendido.

Además, se ofrecen ejemplos de las respuestas de las actividades, las respuestas correctas y recursos adicionales de apoyo al final de la guía. Agradecemos su colaboración supervisando que su hijo(a) complete las actividades indicadas. Al final, ustedes encontrarán una serie de preguntas de verificación de lo que su hijo(a) aprendió mediante el desarrollo de esta guía.

WELCOME TO THIS SELF-STUDY GUIDE

This English self-study guide helps you practise vocabulary related to daily routines and the adverbs of frequency, time and sequence. All the activities are related to the topic of daily routines presented in "Way to Go 6" Student's Book and workbook. It starts with some vocabulary revision activities. Then, you have to read and choose the best options and end up writing about your daily routine habits.



Topic	Skill(s)	Grammar	Vocabulary	Function(s)
My Daily Routine	Reading Writing	Present simple Adverbs of frequency	Routines and habits	Describing habits during pandemic

GET READY

Study time needed:	Resources:	Textbooks Links:
1 hour	<i>PDF file of Way to Go Student's book 6</i> <i>English online Dictionary</i> <i>Mobile phone / Tablet/ computer</i> <i>Internet connection, Notebook, Pen/pencil</i>	-Way to Go Student's book 6 page 22, exercise 7.

LEARNING OBJECTIVES

What will you learn/practise/reinforce with these activities?

- To recognize common verbs and adverbs related to the description of routines.
- To describe their own daily routine in written form using the vocabulary and expressions practiced.

LEARNING STRATEGIES

What can you do to achieve the objectives?

- Read the instructions for each task.
- Look at the examples given. They are highlighted in yellow.
- Use your prior knowledge and try to infer the meaning. You should not translate word by word. Use your dictionary only if absolutely necessary.
- Write in your notebook any "new" words and their meaning in English and an example that will help you to remember and use it in the future.
- Circle or highlight key words with a bright color.

ACTIVITIES

1. VOCABULARY TASK (5 minutes)

A. Match the routines with the images.



1. I wake up
2. I take a shower
3. I get dressed
4. I get up
5. I comb my hair
6. I brush my teeth
7. I have breakfast
8. I go to school

1. C 2. ___ 3. ___ 4. ___ 5. ___ 6. ___ 7. ___ 8. ___

2. GRAMMAR TASK (15 minutes)

B. Look at the images and choose the best option a, b, or c.

Example: 0. I ___ watch television at night.

- a. sometimes
- b. **never**
- c. always





1. My cousin _____ cereal with milk for breakfast.

- a. usually drinks
- b. drink usually
- c. usually drink

10



2. My sister _____ early in the morning.

- a. do not wake up
- b. does not wake up
- c. do not wakes up

11



3. She _____ do her homework in the afternoon.

- a. doesn't
- b. does
- c. Is

12



4. I _____ tennis with my parents at 8.00 pm.

- a. Sing
- b. Do
- c. play

13



5. You _____ a bicycle

- a. doesn't ride
- b. ride
- c. don't ride

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3. READING TASKS (10 minutes)

C. Read the text about Antonio Banderas' daily routine. Circle the verbs. Then, underline the adverbs of frequency.

Antonio's day

This is the daily routine of Antonio Banderas. Every day he wakes up at 5 am. First, he has a shower and gets dressed. After that, he usually eats cereal for breakfast. At 6:40, he normally goes to drama school, Antonio always starts his classes at 7. He wants to become an actor someday. Later, he sometimes comes back home at 1 pm and he has lunch. In the afternoon, he usually cleans his room. Then, he always plays the guitar, it is his favorite activity in the day. In the evening, Antonio has dinner at 7 and sometimes watches TV, his favorite program starts at 8:30 pm. Finally, he goes to bed at 10 pm.

D. Circle the correct option for each statement.

Example: 0. What is Antonio's favorite activity during the day?

- a. watch TV b. read books **c. play the guitar**

1. Antonio usually has coffee and cupcakes for breakfast...

- a. Yes b. No

2. Does he want to become an actor?

- a. False b. True

3. According to the reading, Antonio is _____

- a. an actor b. a musician c. a drama student

4. Antonio goes to _____

- a. drama school b. A public school c. the university

5. According to the reading, how is a common day for Antonio?

- a. go to drama school - clean his room - practice the guitar - watch TV
 b. clean his room - go to drama school - watch TV - go to bed
 c. go to drama school - practice guitar - clean his room - watch TV

4. WRITING TASK (20 minutes)

E. Write a short description of your daily routine. Use the text from the previous activity as a model.




MY DAILY ROUTINE

This is my daily routine. I wake up at _____ . Then, I usually _____

5. ASSESSMENT TASK (10 minutes)

-Please choose one of the three faces that best represents your progress for each statement.



Check your progress!	15  Yes	16  More Practice	17  No
I can remember at least 5 actions related to daily routines.			
I can recognize verbs versus adverbs of frequency			
I can match some pictures with the daily routine actions.			
I can write about my daily routine using adverbs of frequency and verbs.			

THIS IS THE END

Congratulations, you can do amazing things. Continue practicing the vocabulary about daily routines to describe how often you do your daily activities in English. You can check the useful resources as well to keep on practicing. Finally, take care and have fun doing the things you like every day!

USEFUL RESOURCES

Online dictionary <https://www.oxfordlearnersdictionaries.com/>
 Video on daily routines and adverbs of frequency <https://youtu.be/VpESOerMY7I>
 Video on daily routines https://youtu.be/qD1pnquN_DM
 Adverbs of time
<https://grammar.ctx.ef.com/adverbs/adverbs-of-time-and-sequence#:~:text=We%20use%20adverbs%20of%20sequence,you%20should%20clean%20your%20room.>

ANSWER KEY

1. Vocabulary task

A. 1- C 2 - E 3- A 4- B 5- H 6- D 7- G 8- F

2. Grammar task

B. 1. a 2. b 3. a 4. c 5. c

3. Reading tasks



C.

Antonio's day

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D. 1. b 2. b 3. c 4. a 5. a

ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Una vez su hijo o hija haya terminado las actividades de esta guía, por favor hágale las siguientes preguntas para verificar el proceso de aprendizaje.

1. ¿Cuál fue la actividad que más te gustó y cuál fue la actividad que te pareció más difícil?
2. Enséñame cómo se dicen en inglés algunos verbos más comunes utilizados en las rutinas diarias que aprendiste.
3. Enséñame cómo se escribe "desayunar" e "ir al colegio" en inglés.
4. ¿Cuánto tiempo te tomó desarrollar toda la guía?
5. ¿Qué recursos utilizaste para el desarrollo de la guía?
6. ¿Te parecieron claras las instrucciones para cada una de las actividades?

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APPENDIX

Way to Go 6 Student's book page 22, exercise 7.

7. **Write**» Read the *Teenagers Today* article. Complete the article with the words in the box.

goes doesn't watch drinks wakes up eats plays doesn't eat



Tom Calvo's a footballer. He _____ at 5.15 every morning.
He _____ eggs and bread for breakfast. He _____ chocolate.
He _____ football from 7 a.m. to 5 p.m. every day. He eats a lot of food
and _____ a lot of water. In the evening, he _____ TV. He reads
and _____ to bed at 10.

8. **Speak**» Choose a famous person and tell your partner what that person does or doesn't do.

Mariana Pajón rides her bicycle every day. She **doesn't** eat bad food. She ...

Justin Bieber sings and plays **the ...** He **doesn't** ...

21st Century Skills
• Communicating

• Are you familiar with activities



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